

# Danson Primary School Coffee Morning



Please join us at school for a workshop on

## Building Resilience and Understanding Anxiety

with guests Michelle and Sarah from Purple Parenting.

**Friday 2<sup>nd</sup> February 2024 at 9-10am**

All parents and carers are welcome to attend this **FREE** event which will be held at school. Join us for a relaxed, informal workshop where we will be looking at how to understand and support children with anxiety and build resilience.

This will be a great opportunity to seek advice from our experts, gain useful knowledge, chat and mingle with parents whilst enjoying a warm drink.

To book your space please click on the google form below and register your details by Wednesday 31<sup>st</sup> January 2024.

[Registration Form](#)

