



Sports Week Newsletter



Last week, Danson Primary School was buzzing with energy and excitement as we celebrated our vibrant Sports Week! The entire school came together for a fun-filled week dedicated to all things active and sporty. With five action-packed sports days spread across the week, every pupil had the chance to take part in a variety of thrilling activities. Children also took part in engaging PE workshops led by enthusiastic local coaches and our fantastic staff, who helped make the experience even more memorable. It was a fantastic celebration of teamwork, movement, and most importantly—fun! Smiles, laughter, and cheers could be seen and heard throughout the school as everyone embraced the joy of being active together!

Team Games (Year 4 and 5)

The children had a fantastic time working with Coach Julie from Dartford FC, who led a series of exciting team-building games. Throughout the session, she spoke about the importance of communication, cooperation, and supporting one another.

The children took part in a range of engaging activities designed to strengthen their teamwork skills—and they rose to the challenge with enthusiasm and big smiles! Laughter and encouragement echoed across the field as they tackled each task together, showing great determination and a real sense of team spirit. It was a brilliant session full of energy, learning, and fun!



Yoga Reception Classes

Miss Bell and Mrs Kazim introduced our younger children to the calming and creative world of yoga. The session began with simple breathing techniques to help them relax and focus. From there, the children explored a range of fun yoga poses inspired by animals, sparking both imagination and movement. To finish, the children had the chance to invent their own unique yoga poses and give them imaginative names—and they didn't disappoint! The session was a big hit, with lots of smiles, thoughtful movements, and some truly wonderful pose names created by our young yogis.



Yoga (Year 4)

Mrs Kerai led an incredible yoga session where the children embarked on a peaceful journey through a magical forest. The session began with a gentle warm-up and stretches, allowing everyone to relax and prepare for the adventure ahead. As they "travelled" through the forest, the children practiced a variety of yoga poses inspired by the natural world—each one more fun and creative than the last. The session culminated in a calming two-minute relaxation where the children peacefully "fell asleep," bringing a sense of tranquillity and calm to the end of their journey. It was a truly amazing session, filled with relaxation, imagination, and lots of smiles. The children thoroughly enjoyed the experience and left feeling refreshed and rejuvenated.



Dance (Reception, 1 and 2)

Dance was led by Zoe Elliott, who guided the children through a dynamic sequence that began with stretches and progressed into expressive movement. Pupils then brought their own ideas to life through the music, culminating in a confident and polished performance.



Dodgeball (Years 2, 3 and 5)

Mr Patel ran dodgeball and it has always been a popular activity. The children used collaboration and communication to work as a team. Their task was to get as many of the opposition out as possible and work out who the doctor was to get the whole team out. The children loved these competitive elements and really demonstrated their strength in throwing, catching and aiming.



Cricket (Whole school)

Each year, we are fortunate to work with Teach Cricket, who deliver fantastic sessions that help our children develop key cricket skills in line with our PE curriculum. Every class had the opportunity to practise and build on essential techniques such as catching, throwing, and aiming—each tailored to suit their level.

Our youngest pupils enjoyed learning to roll the ball to hit the wickets, they also explored batting techniques, including how to correctly hold the bat and respond to game situations— knowing when the ball was on the cone and when to run! While children in Years 3, 4, 5 and 6 focused on more advanced skills like bowling, fielding, and catching on the move. It was a brilliant series



of sessions that brought energy, teamwork, and a lot of fun to the field, with children showing great enthusiasm and progress throughout.

Smoothie Bike (Year 5)

Smoothie bikes are a task that the children at Danson enjoy. The children learn how to make a smoothie and select fruit to add in the mixer. They are questioned about their knowledge of being healthy, the different nutrients and why these are important. They then got the opportunity to go on the bike to make the mixer work. After that, they were lucky enough to taste what they had made - this definitely brought a smile to their faces!



Musical Theatre (Year 1 and 5)

The children were thrilled to take part in an exciting Musical Theatre workshop led by the fantastic team from Centre Stage Theatre Academy. The session was inspired by *Descendants* the movie, where pupils had the chance to step into character and bring the story to life through both acting and dance.



Working in small groups, the children learned a high-energy routine, practised teamwork, and even added creative touches like cartwheels to enhance their performance. They fully embraced the challenge—taking on roles, building confidence, and having so much fun along the way! To top it all off, some children were recognised for their enthusiasm and talent, with chances to win a free trial session or be named "Dancer of the Day." It was a vibrant, energetic session that combined drama, movement, and lots of laughter—an unforgettable experience for all involved.



American Football (Years 2 and 3)

Years 2 and 3 had an exciting introduction to American football with Mr. Skinner, who guided them through the basics of this fast-paced sport. The children learned how to safely tackle, how to run with the ball, and the key rules that make the game so thrilling.

Mr. Skinner also taught them about teamwork, emphasizing how crucial it is to work together on the field. The highlight of the session was learning how to score a touchdown—everyone was eager to put their new skills into action!

It was a fun-filled session where the children not only gained new skills but also developed a greater understanding of American football, teamwork, and sportsmanship.

Water sports (Year 6)

Year 6 walked over to Danson Park and experienced the skills on the water. They had a great time trying different activities such as Sailing, Bell Boating and Kayaking. They learned about water safety.





All year groups competed in sports day in their house colours. Their aim was to compete against their classmates showcasing their physical development. We saw some fantastic jumping, throwing and running by all.

We kicked off Tuesday with Sports Day for Lower Key Stage 2 (Years 3 and 4) in the morning, followed by Upper Key Stage 2 (Years 5 and 6) in the afternoon. Once again, we were lucky to have perfect weather, creating the ideal atmosphere for a day full of energy, teamwork, and fun.



All the children gave it their all—both individually and as part of their teams—and it was truly inspiring to see them support one another while competing with enthusiasm and determination. A highlight for many was the introduction of the water game, which was especially popular with Years 5 and 6, adding a splash of excitement to the afternoon.



Children in Years 5 and 6 also had the chance to try their hand at javelin throwing, while Years 3 and 4 tested their strength with the hammer throw. Everyone showed great focus and technique in the long jump, running races, and netball shooting challenges too. It was a fantastic day that celebrated effort, sportsmanship, and school spirit!



Next, it was Reception's turn on Wednesday morning—and the sunny weather made for a perfect start. Despite the heat, the children showed amazing determination, giving their very best and participating with huge smiles and great energy.



In the afternoon, it was time for Key Stage 1's Sports Day! Parents and guardians came out in full force to cheer on the children, creating an electric atmosphere that motivated everyone to give it their all. The children took part in a range of fun and active events, from the exciting "Fireworks" challenge to the "Get a Cone and Bring It Back" race. A standout favourite was the mini relay—complete with batons, jumping over cones, and putting a hoop over their body before racing back to their team. The cheers, teamwork, and laughter made it a truly memorable day for everyone involved!





Fantastic Feedback from our School Community

Pupil Voice EYFS/KS1

"I liked learning how to play cricket because I learnt how to hold the bat properly and I liked the games we played in teams. Sports day was fun and my favourite part was the running races."

"The dancing lesson with Zoe was fun because we pretended to be surfers in partners. We learnt a dance to a Disney song in musical theatre with Tilly. I tried my best and I really enjoyed it. I'm going to keep practising it at home."

Lower Key Stage 2

"I enjoyed team building; my favourite part was gutterball."

"I liked playing cricket as I got to bat and trying to catch the ball to get my friend out."

Upper Key Stage 2

"I liked dodgeball because we got to play doctors."

"We enjoyed team building as we got to do lots of different activities."

"I loved water sports."

Parent Voice

"I joined the sports day for year 1 and 2 and I wanted to send an email to say how impressed I was with everything! The activities were so well organised, the kids knew exactly what they were doing and there was generally a fantastic vibe surrounding it all. My children really enjoyed it as did I! Please make sure our gratitude goes to the event organisers as I can imagine coordinating something at scale with so many kids is no easy achievement!"

Teacher voice

"It was great seeing all the children flourish in different sporting activities."

"It was fantastic to see children take part in sports that they normally do not do."

Governor Voice

"I extend my heartfelt congratulations to all the pupils, staff, parents and the PTA who contributed to the resounding success of this year's Sports Day. The spirit of perseverance, teamwork, competitiveness and celebration displayed by our pupils was a delight to see."



We would like to extend a huge thank you to all the staff who helped make Sports Week such a fantastic success. This year's event was truly special—not only because of the amazing outside agencies who came to work with us, but also thanks to our dedicated Danson team members, including Mr. Corley, Mr. Patel, Mrs. Kazim, and Miss Bell, who brought energy, enthusiasm, and creativity to every session.

A special thank you also goes to our incredible parent volunteers; Mr Turner, Mrs Kerai, Miss Ould, Mr and Mrs Skinner. Your time, effort, and enthusiasm during our sports week made a real impact. Our children thoroughly enjoyed every one of your sessions and assemblies and were buzzing with chat about them afterwards.

We're also very grateful to all the parents, guardians, and visitors who came along to our sports days and cheer from the side-lines. Your presence meant the world to the children, and your encouragement helped make the week even more memorable.

And finally, a massive well done to all of our wonderful children. Throughout the week, they showed resilience, enthusiasm, and a real willingness to try new sports and try all the challenges. We couldn't be prouder of each and every one of them!

Mr Corley and Mr Patel

